

Updated version September 2025

ADHD/ ASD INDEPENDENT PROVIDERS UNDER NHS RIGHT TO CHOOSE Under Right to Choose, a patient can be referred for a first outpatient appointment, including any subsequent treatment if required, to an any clinically appropriate provider that holds a qualifying NHS Standard Contract with any ICB or NHS England, for the service they need as a result of the referral.

For further information see: <https://www.gov.uk/government/publications/the-nhs-choice-framework/the-nhs-choice-framework-what-choices-are-available-to-me-in-the-nhs>

Please check with the provider the current waiting times and eligibility including treatment before requesting a referral.

ADULT ADHD

Harrow Health CIC <https://adhdrighttochoose.com/informationfor-gps/>

ADHD 360 <https://www.adhd-360.com/right-to-choose/>

Care ADHD <https://www.careadhd.co.uk/your-right-to-choose>

(Centre for ADHD

Research &

Excellence)

Clinical Partners <https://www.clinical-partners.co.uk/nhs-services/right-to-choose>

Holistic ADHD <https://adhdnet.co.uk/right-to-choose/>

Solutions Ltd

LaTahzan Ltd <https://crm.latahzan.uk/adhd-referral/>

Problemshared <https://www.problemshared.net/right-to-choose>

Oakdale Centre <https://www.oakdalegroup.org/neurodevelopmental-service-autism-adhd-medication/>

Psychiatry UK <https://psychiatry-uk.com/right-to-choose/>

RTN Mental <https://www.rtniagnostics.com/right-to-choose>

Health

Solutions Ltd

Skylight <https://www.skylightpsychiatry.co.uk/nhs-right-to-choose-adult-adhd-assessments/>

Psychiatry

YOUNG PERSON ADHD:

Evolve <https://evolvepsychology.org/>

Psychology

Psicon <https://www.psicon.co.uk/nhs/patients#introduction>

Oakdale <https://www.psicon.co.uk/nhs/patients#introduction>

Centre

Help for <https://help4psychology.co.uk/right-to-choose/>

Psychology Services

Held Health <https://www.held.health/right-to-choose>

ASD ASSESSMENTS – PLEASE CHECK WITH THE PROVIDER IF YOUNG PERSON CAN BE REFERRED

Axia (ASD) <https://axia-asd.co.uk/>

Clinical Partners <https://www.clinical-partners.co.uk/nhs-services/right-to-choose>

Evolve <https://evolvepsychology.org/>

Help with <https://help4psychology.co.uk/right-to-choose/>

Psychology

Kirsop-Taylor <https://kirsoptaylorhealthcare.com/right-to-choose-page-new/>

Healthcare Ltd,

(KT Healthcare)

Oakdale Centre <https://www.oakdalegroup.org/neurodevelopmental-service-autism-adhd-medication/>

Paloma Health <https://www.paloma.health/services/children/autism-assessment>

Problemshared <https://www.problemshared.net/right-to-choose>

Psicon <https://www.psicon.co.uk/nhs/patients#introduction>

Provide <https://providewellbeing.co.uk/>

Wellbeing

Psychiatry UK <https://psychiatry-uk.com/right-to-choose/>

RTN Mental <https://www.rtniagnostics.com/right-to-choose>

Health Solutions

Ltd

Skylight <https://www.skylightpsychiatry.co.uk/nhs-right-to-choose/>

Psychiatry

Held Health <https://www.held.health/right-to-choose>